

HELPLINE 1300 394 636

SUPPORT@FRAGILEX.ORG.AU | WWW.FRAGILEX.ORG.AU



Fragile X Syndrome is a genetic cause of intellectual disability and developmental delay, and is associated with Autism Spectrum Disorder.

Fragile X Australia provides support and information for people around Australia who live with Fragile X Syndrome and their families.

Our vision is that the Fragile X community is connected, included, understood and empowered to live their best possible lives.

HELPLINE 5 DAYS PER WEEK

SPECIALIST FAMILY COUNSELLOR | PEER SUPPORT

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INFORMATION RESOURCES FOR ALLIED HEALTH PROFESSIONALS AND EDUCATORS

SPECIAL FEATURE

WORLD AUTISM AWARENESS DAY

Transforming the autism narrative

Every April is World Autism Month, with April 2 celebrated as World Autism Awareness Day, aiming to celebrate and advocate for the rights of people on the autism spectrum.

Since 2012, each World Autism Awareness Day has focused on a specific theme determined by the United Nations. This year, it's "Transforming the narrative: Contributions at home, at work, in the arts and in policymaking".

There are plenty of ways you can celebrate World Autism

Awareness Day, through educating yourself, celebrating kindness and inclusivity, and encouraging others to do the same.

Check out the work of famous people with autism

There's no better way to celebrate the contributions of people on the autism spectrum than to take a look at their work yourself.

Read, watch, or listen to something created by a person with autism to gain a better understanding of their reality, or enjoy the work of creators you love who are on the autism spectrum.

actively working to be inclusive of individuals with autism, as well as local organisations advocating and providing services for these people.

Make an effort to support these businesses, and donate to a local charity organisation if you can.

Learn about the history of autism

Year by year, more research and treatment options are emerging for children and adults with autism, and there's no better time to learn all about it.

Do some research into the last 100 years of developments in therapies, classifications, and accessibility.

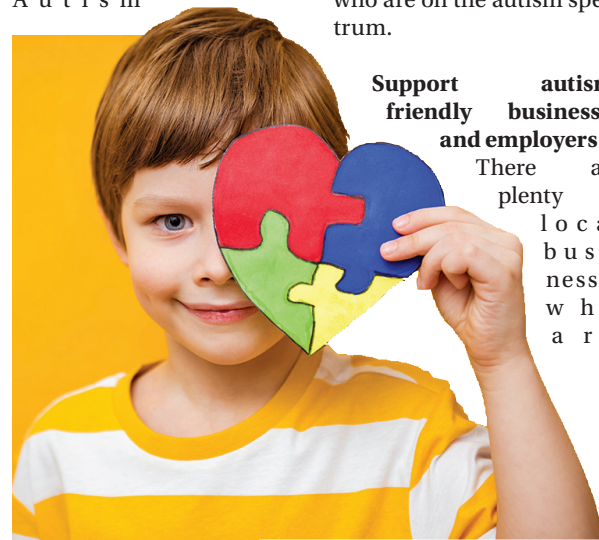
Spread awareness in your community

The most important part of World Autism Awareness Day is raising awareness.

You can do this through your clothing by putting on your favourite blue clothes, or wearing an autism organisation's hat or shirt to spark conversation. You can also participate in fundraisers, or share information and research online to inform others in your circles.

Support autism-friendly businesses and employers

There are plenty of local businesses who are



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FOR MORE INFO



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Could you give 6-year-old Richie* a safe, caring home?

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-  Extensive training
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-  Generous allowance

Richie is a funny, intelligent boy who loves being outdoors and going to the beach. He has an interest in Maths and anything to do with Space. We are searching for compassionate and experienced foster carers who can give Richie the right support and care he needs to help him heal from the trauma he experienced earlier in life.

**If you, or anyone you know has the skills to help
Richie call our Carer Enquiry Team on 1800 663 441
or email wecare@barnardos.org.au**



Because every child
needs a champion

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